

CHURCHES AND CHAPELS

SACRE COEUR CHURCH - Distance : 800 m / Time : 12 min

1 The parish of Douarnenez was created in 1875. This neo-Gothic style chapel, from the architect Joseph Bigot, was build in 1877, but the spire will be achieved much later in 1939. this chapel has beautiful series of stained glass, and 109 coloured panels. The north part of the transept represents the History of Brittany, and the south part the History of France.

ST HELENE CHAPEL - Distance : 600 m / Time : 8 min

2 Dating from the 16th to 18th centuries. Until 1875, this chapel was the one of the Rosmeur, the maritime district of Douarnenez, gathering fishermen and sardine factories.

ST MICHEL CHAPEL - Distance : 900 m / Time : 14 min

3 It is traditionally said that the chapel has been built where the house of Dom Michel Le Nobletz (a famous missionary who spent more than 25 years in Douarnenez) used to be. This chapel, built from 1663 to 1665, a bit unknown, is especially noteworthy for its decoration on the whole wainscot. The 58 painted panels represent the life of the Virgin and the Christ.

ST HERLE CHURCH - Distance : 1,4 km / Time : 22 min

4 This monument has been classified in 1910. Ploaré is the seat of an ancient parish which included the Juch and Gourlizon. The construction of the present building began around 1548 and an inscription which was readable a long time ago at the base of the tower. This tower was inspired from the ones of Saint-Corentin Cathedral in Quimper.

MARKETS AND FINE FOOD

KOIGN AMANN

The genuine 'Kouign Amann' of Douarnenez (from the Breton for «butter cake») This flaky pastry is based on sugar and lightly-salted butter, and when served warm it is crisp to the bite and melts on the tongue. Find out how it is made.



FORMOREINFORMATIONCONTACTUSTO:



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OPEN ALL YEAR ROUND

July & August : 7 days a week, 10am to 6.30pm
April to October : Monday to Saturday 10am-12.30pm and 2pm-6pm

Free Wifi



LA MAISON DE LA SARDINE

7

We shall be happy to welcome you in our new universe where you will discover a film about the history of the «Sardine» in Douarnenez and how this fish is manufactured now.

You will also find a selection of La Pointe de Penmarc'h products : sardines, tuna fish, mackerel, fish rillettes and many other specialities such as biscuits, jam, dishes, «Sophie C» towels, bio cosmetics and clothes made by Armor Lux.

- 5 %
on the shop
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Magasin - Vente au détail
15 Bld de la France Libre
29177 Douarnenez cedex

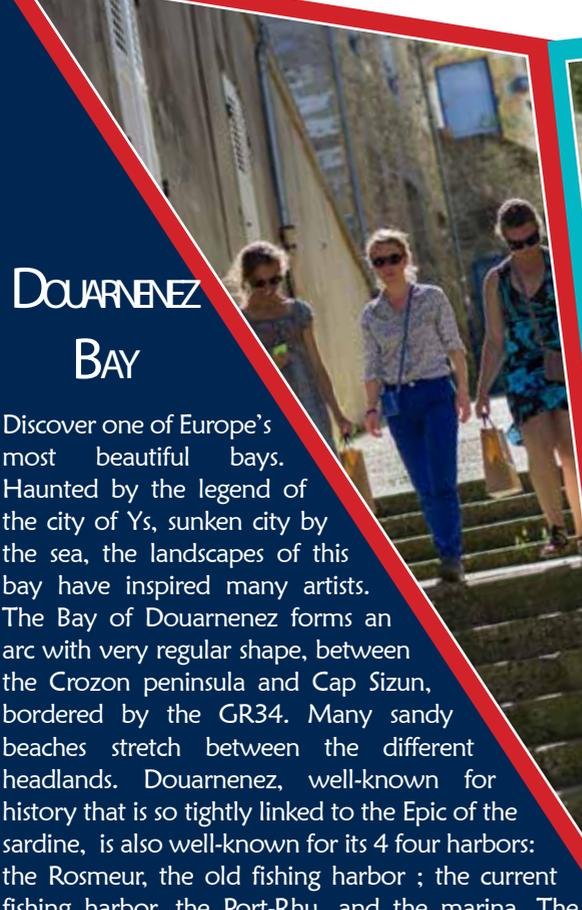
Tel : 02.98.11.07.07 (Next to the harbour)
www.pointedepenmarch.com

WELCOME TO DOUARNENEZ BAY!

BRETAGNE®

DOUARNENEZ BAY

Discover one of Europe's most beautiful bays. Haunted by the legend of the city of Ys, sunken city by the sea, the landscapes of this bay have inspired many artists. The Bay of Douarnenez forms an arc with very regular shape, between the Crozon peninsula and Cap Sizun, bordered by the GR34. Many sandy beaches stretch between the different headlands. Douarnenez, well-known for history that is so tightly linked to the Epic of the sardine, is also well-known for its 4 harbors: the Rosmeur, the old fishing harbor ; the current fishing harbor, the Port-Rhu, and the marina. The offers a wide range of landscapes: the old town and its steep narrow alleys, the ria of Port-Rhu, the mysterious Tristan island only reachable on low tides and on guided visits, the sardine Trail which leads us to the old fishing harbor, that used to welcome more than 800 boats fishing the sardine...



LET'S GO FOR A WALK ...



The Sardine Trail explains the history of the sardine in this town, dating back to the Gallo-Roman period and continuing to the most recent of transformations in Douarnenez port. Follow the rounded bronze markers on the streets and pavements, which will lead you to 17 different information panels, illustrated with old photos of the town. The circuit begins at the natural heritage site and viewpoint of Plomarc'h, overlooking the bay and the port, sending you on a discovery trail that will take you to Rosmeur Port with its alleyways and coloured facades, to the Port Rhu, and to the sea front facing Île Tristan.

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| 1 A BAY RICH IN FISHES | 10 PIETY IN DOUARNENEZ |
| 2 BIRTH OF FISHERMEN'S VILLAGE | 11 THE PORT-RHU |
| 3 THE OLD PORT | 12 A TOWN IS BORN |
| 4 THE FISH-PRESS INDUSTRY GAVE BIRTH TO A NEW MIDDLE-CLASS | 13 SARDINE CRISIS LEADS TO NEW FISHING METHODS |
| 5 A DEMOGRAPHIC AND URBAN EXPLOSION | 14 DOUARNENEZ, AT THE HEAD OF EUROPEAN FISH-CANNING INDUSTRY |
| 6 THE «PENN SARDIN», THE WOMEN WORKING IN THE FACTORIES | 15 THE INDUSTRIAL HARBOUR |
| 7 THE FISHERMEN | 16 WOMEN IN REVOLT |
| 8 «L'ABRI DU MARIN», THE SAILOR'S HOME | 17 «THE RED TOWN» |
| 9 THE CANNING REVOLUTION | |

AT THE DISCOVERY OF DOUARNENEZ HERITAGE !

1

TRISTAN ISLAND - Distance : 800 m / Time : 12 min

Situated a stone's throw away from Douarnenez, the island (which belongs to the French National Heritage association since 1995) is an intriguing island of approximately 7 hectares. The island includes a fort dating from Napoléon III, an exotic garden and a lavish orchard. It represents a natural protected site full of history and legends: presence of Gallo-Roman, presence of the famous brigand "La Fontenelle" who made this island his base, presence of sardine presses and sardine factories, and the poet Richepin in the early 20th...



2

THE PORT-MUSEUM - Distance : 900 m / Time : 15 min

It's a nationally-recognised collection, an invitation to travel through the maritime cultures of the world. Discover the infinite riches of the maritime world and climb aboard floating vessels on the quay - the Saint Denys tugboat, the barge Dieu Protège and the lobster-boat Notre Dame de Rocamadour - to get a true feel for live aboard and in the harbour. Challenge the family to try their hand at the skills of sailors and carpenters, discover the lives of those who worked in the tinning factories and explore the diverse range of exhibitions. Free audio-guides available in English, German ...

3

PLOMARC'H NATURAL SITE - Distance : 1,5 km / Time : 24 min

Plomarc'h local beauty spot (From the Breton 'Poul' meaning a small creek and 'Marc'h' meaning horse): This free natural protected site opened all the year round stretches over 16 ha on the front sea and offers wonderful views over the bay and the Rosmeur harbor. Located few steps from the center town, it offers an amazing natural, architectural and archeological heritage: Creeks, a farm, the stone fishermen's cottages, a playground, kitchen gardens, an archeological site...

4

PLOMARC'H ARCHAEOLOGICAL SITE - Distance : 2,1 kms / Time : 34 min

Free and reachable by foot from the coastal path, it is one of the most important archaeological sites in northern Europe, particularly concerning ancient Gallo-Roman industry. Come and see where the Romans made their fish-based condiment known as 'garum'.

5

THE PORT-RHU - Distance : 1,6 km / Time : 28 min

This harbour welcomes some local boats as well as international boats. A nice harbour with cafes, restaurants, libraries, and more! The Port Rhu also offers a wealth of boat-builders and wooden-boat restorers so that you can learn all about our rich maritime heritage.

6

SHIP GRAVEYARD - Distance : 1,8 km / Time : 35 min

This shipyard is a kind of "ship graveyard - laboratory" where the "Ateliers de l'enfer" (literally "The Hell workshop") which is a training center for traditional shipbuilding framework come there to pick up some specific and complex pieces.

